

	Percentage of Consumers Who Exercise Less as Christmas Approaches	Percentage of Consumers Who Postpone Exercise Regime Until After Christmas	Percentage of Consumers Who Exercise Less as New Year Approaches	Percentage of Consumers Who Postpone Exercise Regime Until After New Year
Asia Pacific	<b>62%</b>	<b>56%</b>	<b>64%</b>	<b>56%</b>
Indonesia	<b>73%</b>	58%	<b>70%</b>	<b>59%</b>
Thailand	<b>70%</b>	57%	<b>68%</b>	54%
Philippines	<b>68%</b>	<b>60%</b>	67%	58%
Vietnam	67%	57%	<b>73%</b>	<b>68%</b>
Taiwan	66%	54%	<b>68%</b>	51%
Singapore	65%	57%	64%	55%
Korea	63%	<b>59%</b>	62%	<b>59%</b>
Malaysia	60%	43%	54%	44%
Japan	57%	<b>59%</b>	63%	<b>60%</b>
Australia	56%	52%	55%	50%
Hong Kong	54%	53%	52%	52%

*Figure 3: Percentage of Asia Pacific consumers who tend to exercise less as Christmas and the New Year draw near, and postpone their exercise regime until after the holidays*